

# Thompson Telegraph

*At Sarah Thompson School we nurture relationships, agency, belonging, and inclusion to cultivate academic success and personal wellness for everyone.*



With Spring Break right around the corner and many exciting events happening soon after our return in April we thought we would get the newsletter out early so families can plan accordingly!

## **Spring Break March 29<sup>th</sup> -April 5<sup>th</sup>**

We would like to take this opportunity to wish you, your families, and friends a very happy spring break and Easter. Hopefully the weather will be favourable, and you will be able to get outside for some fresh air and sunshine!!

## **3 Way Conferences**

We sincerely thank everyone for taking the time to connect with your child's teacher during 3 Way Conferences March 6<sup>th</sup> and 7<sup>th</sup>. We hope you found the time meaningful and were able to celebrate your child's successes. If you were unable to connect with your child's teacher during conferences, please remember that you can reach out to them at any time. Thanks for your continued support and interest in your child's education!

## **Book Fair**

The Scholastic Book Fair was another huge success raising just under \$3900.00 in Scholastic Rewards. With every purchase at the Book Fair, our school earns Book Fair Rewards that can be redeemed for valuable school resources including new books, educational games, and teaching resources for classrooms and the Learning Commons. \$2200.00 worth of new books have already been purchased using our rewards from this recent fair! Thanks for supporting your child's love of reading!

## **2024-25 School Fees**

In consultation with our School Council, Sarah Thompson School will not be increasing School Activity Fees for parents this coming school year. While inflation continues to rise, we believe we can continue to provide excellent learning opportunities for students with the same Activity Fees approved for this school year found [here](#).

## **April 8<sup>th</sup> - Partial Solar Eclipse - Safety Reminder**

On April 8th, from approximately 11:48am to 1:40pm, a partial solar eclipse will be observable in the province of Alberta. Our students typically have recess during this time. While this is exciting, direct solar observation can pose a significant risk of ocular damage. We will be reminding students to avoid looking directly at the eclipse and would appreciate parents doing the same at home. If you should wish for your child to not go out for recess at lunch time, please let the office know.



**SARAH THOMPSON  
SCHOOL**

Date: March 28, 2024

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## Parent Presentation

Does your child struggle with anxiety? Do they persevere when things get hard? As a parent are you struggling with how much support to provide your child to best inspire confidence and foster independence? If you answered 'yes' to any of these we ask you to join us April 25<sup>th</sup> at 6:00 where Dr. Caroline Buzanko, Psychologist, will be sharing her knowledge and providing insight into answering these questions. We are pleased to be partnering with Langdon School and Indus School to welcome Caroline Buzanko. More information on Caroline Buzanko can be found [here](#).

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Community Education Session  
Sarah Thompson and Langdon School invite you to:

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### Dr. Caroline Buzanko

Join us for an insightful presentation on fostering resilience in children. In today's fast-paced world, children often encounter challenges that require resilience and perseverance. As parents, it's crucial to empower them with the skills they need to navigate life's ups and downs.

In this session, you'll learn:

- Strategies to support your child in developing resilience.
- Practical tips for fostering a growth mindset and promoting perseverance.
- The importance of allowing children to experience failure and learn from setbacks.
- How to break free from the cycle of doing things for your children, and instead, empower them to take on challenges independently.

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Resilience: Helping children conquer challenges, manage anxiety, and thrive.

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April 25, 2024  
Sarah Thompson School  
6-8pm

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Babysitting provided, public welcome

LANGDON COMMUNITY ASSOCIATION  
Invites you to the  
**Easter Egg Hunt**

Eggslevaganza

March  
30<sup>th</sup>

Snacks for  
purchase  
cash only

Crafts

Games

Face  
Painting

9am to  
noon  
Field house

Coloring Contest  
winner prizes



Langdon Community Association  
Tennis Lessons

Click [here](#) for the link to register for  
lessons available this summer.



# School Council

Next meeting is April 15<sup>th</sup>  
8:35 in the Learning  
Commons or via Zoom!



## YEARBOOK COVER CONTEST

Students have until **April 19<sup>th</sup>** to submit a design for our  
'Yearbook Cover'.

Interested students will receive an information sheet about the  
contest including the 'Must Haves' after the break which include:

- Size: 8.5x 11-inch paper... please try to cover as much of the  
page as possible and make it colourful!
- Name of school: Sarah Thompson School
- Year: 2023-2024

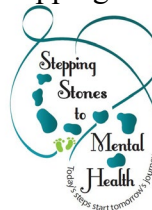
We look forward to seeing all the creative designs!



Click [Trellis Commons](#)  
to learn about all the exciting  
events happening in the area!



Click [here](#) for FREE Parent &  
Caregiver Education Sessions (MHCBS  
Stepping Stones to Mental Health)





# STS STAFF SPOTLIGHT!

Did you know this about our staff?

If your life had a soundtrack, the song would be:  
**Here I go again- Whitesnake**

If you could hop on a plane right this second, where would you go?  
**Maui**



**Mrs. Wigmore**  
Learning Assistant

What's your hidden talent?  
**My patience!**

If you could be any fictional character, who would you be?  
**Katniss Everdeen**

What's your hidden talent?  
**Having all of the things...all of the time!**

Name three people who you would invite to your dream dinner party (historic figures welcome).  
**Princess Diana, Dolly Parton, my Dad**



**Ms. McKearney**  
Secretary

A book about your life would be called \_\_\_\_\_.  
**Flying by the seat of my pants and loving it!**

What's the one snack we'd always find in your kitchen?  
**Tea**

Name three people who you would invite to your dream dinner party (historic figures welcome).  
**My dad, Princess Diana, Queen Elizabeth**

What's your hidden talent?  
**Drawing circles!**



**Mrs. Sidorenko**  
Assistant Principal

If you could be any fictional character, who would you be?  
**Glinda the Good Witch of the North**

If your life had a soundtrack, the song would be:  
**Humble and Kind**

If you could be any fictional character, who would you be?  
**Big Bird**

A book about your life would be called \_\_\_\_\_.  
**I'm sorry!**



**Mr. Siemens**  
Principal

What's the one snack we'd always find in your kitchen?  
**Wings**

Describe your personality in a single word.  
**Unusual!**

Name three people who you would invite to your dream dinner party (historic figures welcome).  
**Maya Angelou, Dalai Lama, and Malala Yousafzai**

If you were stuck on a deserted island with two books, what would they be?  
**"Harry Potter and the Philosopher's Stone" and "Little Women"**

**Ms. Sekhon**  
Learning Support Teacher

If you could be any fictional character, who would you be?  
**Hermione Granger**

What's your hidden talent?  
**Writing poems!**



**SARAH THOMPSON  
SCHOOL**

# Sarah Thompson Schedule

A digital copy of April's Newsletter can be viewed on our website at [sarahthompson.rockyview.ab.ca](http://sarahthompson.rockyview.ab.ca).

Please follow us on Twitter @SarahThompsonSc  
Like us on Facebook @SarahThompsonRVS

# April 2024

Sun      Mon      Tue      Wed      Thu      Fri      Sat

31	1 Spring Break No School	2	3	4	5	6
7	8 Milk	9 Milk	10 Harvey's Lunch  Telus Spark to work with Gr. 5 students	11 Milk	12 Milk AM Kindergarten	13
14	15 Milk  School Council Meeting @ 8:35am	16 Milk  Gr. 3 Field Trip to Royal Tyrell in Drumheller	17 Pizza Hut Lunch	18 Milk	19 Milk PM Kindergarten  Yearbook Cover Contest Deadline	20
21	22 Milk  Gr. 2 Field Trip to Telus Spark  Earth Day	23 Milk  Telus Spark to work with Gr. 5 students	24 Firehouse Lunch	25 Milk  Gr. 5 Glenbow Museum Presentation  Caroline Buzanko Presentation @ 6:00pm	26 Milk AM Kindergarten  Battle of the Books Pep Rally	27
28	29 PL Day No School	30 Milk  Battle of the Books Lite (Gr. 2) Battle Week	1 The Track Lunch  Hats on for Mental Health	2 Milk	3 Milk PM Kindergarten	4



